

# *lina frey*

## *les salads:*

Salad maison w/ limonette vinaigrette	5.00
fennel & arugula salad w/ shallot mustard vinaigrette	6.00
cucumber & red onion salad w/ lemon and oil	5.00
country frisee aux lardons	6.00

## *les proteines de la terre:*

steak tartar w/ pepper corn, lemon and truffle oil	8.00
grilled marinated hanger steak (butter or au poivre)	8.00
grilled chicken breast persille	7.00
bamba's homemade seasoned burger	7.00
grilled truffle lamb chops	9.00
Classic Tasty Burger (w/ cheese 1.00 extra)	6.00

## *les proteines de la mer:*

moules aux poivres	6.00
moules mariniere w/ a touch of fennel	6.00
cured salmon tartar w/ citrus zest	6.00
sauté salmon w/ mustard hazelnut crust	8.00
Tilapia a la braise	8.00
grilled spiced marinated shrimp	8.00
broiled sea scallops	9.00

## *les accompagnements:*

french fries provencale	4.00
gratin dauphinois	4.00
roasted cauliflower puree	4.00
roasted potatoes w/ rosemary	4.00
haricots vert w/ caramelized shallot	4.00
julienne of carrot & zucchini in honey pepper butter	4.00
spinach w/ garlic lemon oil	4.00
mashed potatoes	4.00
grilled portabellos w/ thyme balsamic marinade	4.00

## *les pains:*

parm garlic herb grilled baguette	2.00
popovers	2.00
grilled pain campagne	2.00
w/fennel, black olive red pepper & garlic	

## *les crepes:*

### *savory:*

ham & emmental 6.00 – mushroom & emmental 6.00
lardons & eggs 6.00

### *sweet:*

nutella 5.00 – sugar & lemon 4.00 – sugar & butter 4.00
strawberry coulis 6.00 – chocolat & chopped peanuts 6.00
blueberry coulis 6.00

## *les desserts:*

pot de crème au chocolat	4.00
raspberry tart	4.00
crème brulee w/fruits	4.00
tarte au citron	4.00
ice cream/sorbet with coulis (ask for flavors du jour)	4.00
seasonal fruit salad	4.00

## *les cafes:*

	<i>Regular</i>	<i>Iced</i>
café/ tea	2.00	2.50
espresso	2.50	3.00
café au lait	3.00	3.50
cappuccino	3.00	3.50
hot chocolate	3.00	3.50

## *Les Jus frais*

	Small	Large
Orange Juice (Fresh squeezed)	2.00	3.00
Grapefruit Juice	2.00	3.00
Cranberry Juice	2.00	3.00
Pineapple	2.00	3.00
Cranberry		

## *Les Sodas*

Coke, Diet coke, Gingerale, Seven up, Tonic	2.00
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