



Specialty Salads

Add protein to any specialty salad
(grilled chicken, grilled shrimp, marinated skirt steak)

Super Spinach

organic baby spinach, granny smith apples, Nueske's bacon and candied walnuts, blue cheese dressing

Water Mill

Satur Farms crisp cut greens, grilled chicken, avocado, cherry tomatoes and goat cheese, whole grain mustard & apple cider vinaigrette

Steakhouse

Satur Farms crisp cut greens, sliced marinated skirt steak, roasted herbed potatoes, cherry tomatoes, stilton blue cheese and crispy onions, balsamic vinaigrette

Cook's

Satur Farms Crisp Cut Greens, Black Forest ham, roast turkey, marinated skirt steak, cheddar, organic egg, cherry tomatoes, cucumber and red onion, buttermilk ranch

Yellowfin

Satur Farms crisp cut greens, seared yellowfin tuna, avocado, radishes and crispy pickled ginger, miso vinaigrette

Albuquerque

Satur Farms crisp cut greens, avocado, cherry tomatoes, corn relish, black beans, red onion and crispy corn tortillas, spicy chipotle-lime dressing

The Caesar

romaine hearts, black & white croutons and shaved parmesan, traditional caesar dressing

The Cobb

Satur Farms crisp cut greens, grilled chicken, avocado, cherry tomatoes, Nueske's bacon, organic egg and stilton blue cheese, buttermilk ranch

The Wild Greek

wild arugula, feta, cucumbers, tomato, red onion and olives, oregano vinaigrette

The Panzanella

wild arugula, Lucky's tomatoes, sweet basil and Italian bread, tomato vinaigrette

Greens

Includes 4 tossings + 1 dressing

Satur Farms crisp cut greens
romaine hearts
organic baby spinach
wild arugula

Tossings

black beans
edamame
broccoli florets
cherry tomatoes
haricot verts
organic bean sprouts
radishes
red onion
shaved fennel
shaved granny smith apple
shredded carrot
beets
sliced cucumber
sweet bell pepper
artichoke hearts
mixed olives
herbed roasted potatoes
marinated chick peas
marinated portobello mushroom
roasted peppers
sundried tomatoes
raisins
dried cranberries
orange segments
mangoes
banana chips
pita chips
quinoa
toasted almonds
candied walnuts
black & white croutons
crispy onions
tofu
chopped organic egg
cheddar
parmesan
feta
fresh marinated mozzarella

Premium

crispy prosciutto
Nueske's bacon
avocado
hearts of palm
macadamia nuts
goji berries
goat cheese
stilton blue cheese

Protein

Black Forest ham
albacore tuna
grilled chicken
grilled shrimp
house roasted turkey
marinated skirt steak
crusted seared yellowfin tuna

Dressing

lemon herb vinaigrette
balsamic vinaigrette
whole grain mustard & apple cider vinaigrette
miso vinaigrette
lemon-tahini vinaigrette
caesar
spicy chipotle-lime
buttermilk ranch
blue cheese
curry yogurt (low calorie)
tomato & tarragon (low fat)
extra virgin olive oil
lemon juice