Clam and Fregola Soup From Chef Chris D'Amico Serves four

3 garlic cloves, minced
2 Tbsp extra virgin olive oil
1 pound clams (any variety)
3 ounces white wine
2 plum tomatoes, chopped
.25 pound arugula
.5 pound Sardinian fregola
salt and black pepper to taste

Method

- 1. In a soup pot, sweat the garlic in the olive oil over medium heat. Do not brown.
- 2. Introduce the clams and the white wine. Cook the alcohol out of the white wine.
- 3. Add the chopped tomatoes.
- 4. Add water—enough to sufficiently cover the clams in the pot—and bring to a boil, then reduce the heat and let simmer for 10 minutes. Turn off the flame.
- 5. Cook the fregola al dente in a separate pot of salted boiling water, just like you would other pasta, usually about 7 minutes. Strain the fregola and add it to the pot of simmering clams.
- 5. Adjust the seasoning as desired with salt and black pepper.
- 6. To finish, add the arugula and a drizzle of extra virgin olive oil. Serve hot.

This recipe has not been tested by Grub Street or New York Magazine.