

Blossom du jour

Shrewd FastFood

Breakfast

Date Zucchini Muffin 2.50
Gluten Free Lemon Blueberry Muffin 3.50
Warm Croissants 3.00
Warm Croissants with Date Spread 3.75
Orange Currant Scone 3.75
Coffee Cake 4.50
Banana Chocolate Chip Loaf 3.95

Blossom Benedict Wrap 7.95

our vegan version of eggs benedict with hollandaise in a whole wheat wrap
(gluten free english muffin optional)

Anytime Breakfast Scramble Wrap 6.95

scrambled tofu, sauteed kale, whole wheat wrap

Blossom's Fresh Pressed "TRu Life Juice"

Our juice is pressed throughout the day using the Norwalk Hydraulic Juice Press.
Superior quality, nutrition, and flavor is guaranteed.

***Field Of Greens** - spinach, cucumber, apple, lemon

***Pretty In Pink** - red beets, pineapple, apple

***HeartBeat** - carrots, apple, ginger

Sandwiches 8.95

The SkyScraper Burger

vegan burger, soy bacon, v-cheese, onion rings, lettuce, tomato, pickles, special sauce

Midtown Melt

cajun spiced seitan, v-cheese, agave guacamole, lettuce, chipotle aioli

Blossom Bean Burger

house made veggie burger made of beans, caramelized onions, carrots, spices, avocado spread.

BLT Caesar

v-chicken, soy bacon, lettuce, tomato, caesar dressing

Roasted Vegetable Sandwich

zucchini, red peppers, onions, eggplant, spinach walnut pesto, balsamic reduction.

Eggplant Parm Sub

herbed eggplant, v-mozzarella, v-parm, house made marinara

The Little Italy

vegan meatballs, sauteed peppers & onions, house made marinara, v-formaggio blanco

Gluten Free Quesadilla

beans, corn, spices, v-cheese, v-sour cream (add guacamole small \$8 / large \$15)

Wraps 7.95

Gluten free wraps are available

Smokey Avocado

(a.k.a. Smokacado)

avocado, smoked tempeh, tomato, field greens, chipotle aioli

Buffalo Wrap

soy tenders, buffalo sauce, ranch dressing, tomato, carrots, field greens

Burrito Grande

savory rice, spiced black beans & corn, pico de gallo, v-cheese, v-sour cream
(add guacamole optional)

The Picnic

un-chicken salad, green apples, cranberries, celery, red onion, v-mayo

The Curried Picnic

curried un-chicken salad, green apples, cranberries, celery, red onion, v-mayo

Blossom Tuna Wrap

chickpea tuna salad, olives, tomato, field greens

Hummus Cucumber

hummus, cucumber, carrots, field greens

Salads 7.95**Chickpea Quinoa Salad**

quinoa, chick peas, cranberries, parsley, field greens, tahini dressing

The Big Salad

field greens, chick peas, cucumber, matchstick carrots, sunflower seeds, herbed mustard dressing

V-Chicken Caesar Salad

crisp romaine lettuce, braised soy chicken tenders, capers, caesar dressing

Blossom Beet Salad

marinated red beets, yellow peppers, walnuts, field greens, citrus dressing

Curried V-Chicken Salad

curried v-chicken salad, apples, cranberries, celery, v-mayo, field greens

V-Tuna Salad

vegan tuna salad, cucumbers, olives, field greens, toast points. Served on a bed of field greens.

Hummus Cucumber

slow whipped hummus, cucumber, carrots. Served on a bed of field greens.

Naked Burrito Salad

seasoned and lightly spiced black beans & corn, pico, v-sour cream served over field greens.
(add guacamole optional)

Raw Kale Salad

kale, pecans, avocado, lemon-agave dressing

Sides

Buffalo Bites

Mac & Cheese

Blossom Bean Salad

Quinoa Edamame Salad

Tiny Kale Salad

Tiny Caesar Salad

Tiny Mesclun Salad

Sweets

Chocolate Peanut Butter Pudding Cup

Chocolate Chip Cookies

Peanut Butter Cookies

Gluten Free Chocolate Chip Cookies

Gluten Free Sesame Cookies

Vanilla Cupcakes with Vanilla Frosting

Lemon Cupcakes with Vanilla Frosting

Black Bottom Cupcakes 45.00 per dozen

Beverages

Shakes

- *Orange Creamsicle
- *Butterfinger
- *Cookie Dough
- *Vanilla-Choco Swirl

Smoothies

- *Thrive
(kale, banana,
almonds, soy milk)
- *Rainbow
(raspberries, blueberries, banana, oj, soymilk)

Soft Drinks

- *Organic Cola 2.25
- *Organic Raspberry Lemon Fizz 2.25
- *Bottled Water 2.00