

MARKET PLATE

VEGETARIAN 10 CHICKEN 12 SALMON 14

BASE CHOOSE 1

ATTIEKE **V** (A-CHE-KAY)
FERMENTED CASSAVA COUSCOUS

JOLLOF FONIO **V** (PHONE-YO)
FONIO COOKED IN SPICED TOMATO BROTH
SOURCED FROM SMALLHOLDER FARMERS IN WEST AFRICA

LIBERIAN ‘RUBY’ RED RICE **V**
HEARTY & HEALTHY WHOLE GRAIN
SOURCED FROM SMALLHOLDER FARMERS IN LIBERIA

ALL DISHES GLUTEN & DAIRY FREE

MAIN CHOOSE 1

FREE RANGE GRILLED CHICKEN
THYME, GARLIC, LIME

ROASTED SALMON WITH MOROCCAN SPICES
CILANTRO, CUMIN, CHILI, PAPRIKA, LIME

NDAMBE **V** (EN-DAM-BAY)
SWEET POTATO & BLACK EYED PEA STEW

SIDES CHOOSE 2

BEETS & FONIO SALAD **V**
SPICED PICKLED CARROTS, POMEGRANATE

BLACK EYED PEAS SALAD **V**
CUCUMBER, TOMATO, PEPPER, PARSLEY,
LIME-GINGER DRESSING

KELEWELE **V** (KEL-LAY-WEL-LAY)
SPICY FRIED PLANTAINS

PLANTAIN & RED PALM FUFU **V**
POUNDED PLANTAIN, ORGANIC RED
PALM OIL

SAUCES CHOOSE 1

MAFE **V**
PEANUT SAUCE

YASSA **V**
CARAMELIZED ONIONS & LIME CONFIT

- + EXTRA SAUCE 1
- + EXTRA SIDE 2
- + EXTRA CHICKEN 3
- + EXTRA SALMON 4

SEASONAL BOWLS

THE JOLLOF 14 YASSA, YASSA 12 FU – FU **V** 10

ROASTED SALMON TOPPED WITH
A FLAVORFUL BLEND OF SPICES

- JOLLOF FONIO
- KELEWELE
- BLACK EYED PEAS SALAD

SWEET & TANGY GRILLED CHICKEN
WITH CARAMELIZED ONIONS

- LIBERIAN ‘RUBY’ RED RICE
- KELEWELE
- BLACK EYED PEAS SALAD

HEARTY & SAVORY RED PALM PLANTAIN
FUFU WITH PEANUT SAUCE

- NDAMBE
- ATTIEKE
- KELEWELE

OUR FOOD IS MADE DAILY FROM SCRATCH. WE SOURCE OUR INGREDIENTS
FROM LOCAL ORGANIC FARMERS & SMALLHOLDER FARMERS IN AFRICA.

DRINKS

HOT		COLD	
COFFEE	2.50	COLD BREW	4
ESPRESSO	3	ICED LATTE	4
MACCHIATO	3.25	ICED AMERICANO	3.50
CORTADO	3.25	ICED MOCHA	4.25
CAPPUCCINO	4	ICED MORINGA	5
LATTE	4	ICED TURMERIC GOLDE	5
AMERICANO	3.50		
MOCHA	4.25	JUICE	
MORINGA LATTE	5	BISSAP	4
TURMERIC GOLDE LATTE	5	BOUYE	4
HOT CHOCOLATE	4	GINGER	4
TEA	3.25	TAMARIND	4
		WATER	2
		SPARKLING WATER	3

SNACKS

NGALAKH V (EN-GOL-AKH)	6
BAOBAB, COCONUT & PEANUT SAUCE WITH MILLET	
SOMBI V	6
COCONUT RICE & HONEY ROASTED MANGO PUDDING	
THIAKRY (CHA-KREE)	6
MILLET & YOGURT WITH CANDIED HIBISCUS	
YOGURT PARFAIT	6
FONIO, YOGURT, FRUIT COMPOTE	